

Self-Defense Training under Beti Bachao Beti Padhao

5 (five) students of St. Xavier College, Jalukie successfully completed a self-defense training organized by District Administration Jalukie, Nagaland under Beti Bachao Beti Padhao, a prominent initiative advocating for the empowerment and safety of women.

The training took place from 18th October to 10th November 2023 at the training hall located at the turf ground in Jalukie. The self-defense training sessions covered a range of techniques and strategies designed to enhance the participants' ability to protect themselves in various situations. Trainers focused on practical scenarios, teaching students how to respond effectively to potential threats. The training, while providing self-defense techniques, including physical maneuvers and mental strategies for personal safety, fostered a sense of community and mutual support.

